

Music Together®

Music Learning Supports All Learning®

Music Together program models are designed to support children in achieving basic music competence—the ability to “speak” the language of music. The pleasure of singing, dancing, moving, and playing instruments with others engages children, and can lead them to full participation in school, and family music-making at home. In addition, Music Together activities support children’s development in the following domains:

- **Music Learning and Development**
- **Language Development and Emergent Literacy**
- **Social and Emotional Development**
- **Cognition and General Knowledge**
- **Physical and Motor Development**
- **Approaches to Learning**

Music Learning and Development

Music Together activities foster children’s musical growth, specifically supporting:

- Children’s skills in listening to, audiating, and expressing both tonality and rhythm
- Ensemble competence in music and movement
- Improvisation and “composition” skills
- Familiarity with diverse styles of music
- Hearing, understanding, and speaking the language of music
- Motivation to be a part of a music-making community

Language Development and Emergent Literacy

Music Together supports children’s language development through activities that promote:

- Phonological awareness
- Rhyme awareness
- Vocabulary development
- Active listening skills
- Creative storytelling
- Recognition of sound-letter associations
- Familiarity with print materials
- Spoken communication between children
- Coordination of breath with speech and song
- Conversational and expressive language

Social and Emotional Development

Music Together supports social and emotional development through activities that promote:

- Self-confidence
- Self-efficacy
- Self-expression
- Knowledge of emotions
- Group process
- Leadership skills
- Empathy
- Self-regulation
- Social competence
- Social play or socio-dramatic play

Cognition and General Knowledge

Music Together supports children's cognitive growth through activities that promote:

- Emerging math skills
- Symbolic representation
- Understanding cause and effect
- Spatial-temporal reasoning
- Conceptual knowledge
- Imitation
- Executive function skills, such as working memory, attention control, cognitive flexibility, inhibitory control

Physical and Motor Development

Music Together supports physical and motor development through activities that promote:

- Gross and fine motor skills
- Locomotor and non-locomotor skills
- Coordination
- Balance
- Body awareness and control
- Bilateral coordination/crossing the midline
- Spatial awareness
- Daily movement activity

Approaches to Learning

Music Together supports children's approaches to learning through activities that promote:

- Imagination and creativity
- Motivation to learn
- Ability to make a plan of action
- Overall classroom engagement in learning
- Openness to new tasks and challenges
- Opportunities to explore and experiment

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